



Alchemy Cycling Club Training Routes 2021

Route 45b: Houghton / Irene

Meet at the Virgin Active in Houghton.

Turn Right on 4th and Left on 11th

Cross the highway and turn Right on Oxford.

Pass through Sandton, pass Grayston Drive and turn Right into South Road

Just before the M1 turn Left and Right onto the slip road Edison Street. This road curves to the left and runs parallel to the highway (Western Service Road).

At Woodlands Drive, turn Right and Left onto Woodmead Drive.

Cross underneath the N1 and turn Right onto Maxwell Drive.

Cross the highway again and turn Left onto the Old Pretoria Road (R101).

Cross Allandale Road and pass the Nizamiye Mosque on your right.

Continue with Old Pretoria Road, Pass Olifantsfontein Road, Cross the N1 and turn Right on Nellmapius Drive.

Cross the N1 again and turn Left onto Olievenhoutbosch Road and then Right on John Voster and Left back onto Nellmapius.

Turn Right onto Main Road. Irene Country Club will be your Right.

Continue with Main all the way to S View Road and turn Right. Turn Right onto Olifantsfontein Road.

Pass Stoke City Wake Park and turn Left onto Allan Road (before Old Pretoria Road).

Turn Right onto Dale Road and Left onto Old Pretoria Main Road.

Pass the mosque again and turn Right onto Allandale.

Cross the highway and turn Left onto Waterfall Drive.

Left onto Woodmead Drive.

Right at Woodlands and immediate Left back onto the Western Service Road.

At South Road turn Left on Bowling Ave.

Continue with Bowling Ave / Katherine Drive all the way to Rivonia Road and turn Left.

Turn Left at Corlett Drive.

First Right and Left onto North Street

Turn Right onto Eaglewood Ave at the park

Left at Greenacres Drive onto Melrose Street.

Cross the highway and turn Right at Athol Oaklands.

Cross Pretoria Street and keep to the left onto Beaumont which becomes 3rd street.

Turn Right onto 11th Ave and Left into 4th Street at the Virgin Active

Distance is +/- 100 km.